**Gestational Diabetes Blood Sugar Log Goal**: Fasting blood sugar <95, 2 hours after meal blood sugars <120

**Patient Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date of Birth**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Insulin Regimen (when applicable):

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Insulin Type | Breakfast (units) | Lunch (units) | Dinner (units) | Bedtime (units) | Extra: |
| Regular/”R” (short acting) |  |  |  |  |  |
| NPH/”N” (long acting) |  |  |  |  |  |

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| --- | --- | --- | --- | --- | --- |
| **Date:** | **Fasting** | **2 hours after**  **Breakfast** | **2 hours after Lunch** | **2 hours after Dinner** | **Comments:** |
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